



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK FOUR

Carniny Primary
Week commencing
6th May 2024

MONDAY

**BANK
HOLIDAY**

**SCHOOL
CLOSED**

TUESDAY

MAIN COURSES

Baked Pork Sausages &
Gravy

Or

Jerk Chicken & Caribbean
Rice with Flatbread

SIDES

Baked Beans / Garden Peas

And

Chipped / Baked Potato

DESSERT

Ice-Cream & Two Fruits

WEDNESDAY

MAIN COURSES

Roast Chicken, Stuffing &
Gravy

Or

Roast Butternut Squash, Penne
Pasta and Tomato & Pesto
Sauce

SIDES

Turnip & Broccoli

And

Mashed / Oven Roast Potato

DESSERT

Fruit Salad & Yoghurt

THURSDAY

MAIN COURSES

Breaded Fish & Lemon Mayo

Or

Beef Lasagne / Garlic Bread /
Coleslaw

SIDES

Garden Peas / Diced Carrots

And

Mashed / Baby Potato

DESSERT

Fruit Sponge & Custard

FRIDAY

MAIN COURSES

Beef Burger / Bean Burger
in Bap with Onions

Or

Salt & Chilli Chicken

SIDES

Corn on the Cob / Pasta
Salad

And

Chipped Potato / Steamed
Rice

DESSERT

Lemon Shortbread &
Melon Wedge

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY