

P1 – P7 Menu

£2.60 per day

| | Week Commencing 6 th November 2017 | Week Commencing 13 th November 2017 | Week Commencing 20 th November 2017 | Week Commencing 27 th November 2017 |
|--------------|---|--|--|--|
| Toast | 5 days - £1.50 | 5 days - £1.50 | 5 days - £1.50 | 5 days - £1.50 |
| Monday | Breaded Fish, peas, mashed potato Chicken Fried Rice, peas & curry sauce Frozen Yoghurt & Fruit Yoghurt & Fruit | Sweet & Sour Chicken, Rice Baked Potato with fillings Chocolate flavoured sponge & Custard Yoghurt & Fruit | Sausage, Beans & mashed potato Beef curry, rice, peas & naan bread Frozen Yoghurt Yoghurt & Fruit | Chicken curry, rice, peas, naan bread / Baked potato with fillings Swiss roll, custard, fruit Yoghurt & Fruit |
| Tuesday | Vegetable soup, Beef Burger in bap, coleslaw, salad Ice cream & fruit puree Yoghurt & Fruit | Irish Stew, crusty bread Meatballs, peas & pasta Choux pastry bun with fruit puree Yoghurt & Fruit | Potato & Leek soup, Beef Burger in Bap/ Chicken Salad bap, Coleslaw, salad Biscuit & Fruit Yoghurt & Fruit | Lasagne, coleslaw, salad, crusty bread / Chicken drumstick, sweetcorn, mashed potato Chocolate flavoured sponge, custard Yoghurt & Fruit |
| Wednesday | Roast Chicken, gravy, stuffing, Carrots, broccoli, roast & mashed potato Crackers & cheese Yoghurt & Fruit | Roast gammon, gravy, carrots, cabbage, mashed & roast potato Ice cream & fruit Yoghurt & Fruit | Roast chicken, gravy, stuffing, carrots, broccoli, roast and mashed potato Milk pudding, oranges Yoghurt & Fruit | Roast Beef, gravy, carrots, broccoli, roast & mashed potato Frozen Yoghurt Yoghurt & Fruit |
| Thursday | Pasta Bolognese, crusty bread Cottage Pie, gravy, sweetcorn, mashed potato Lemon sponge & custard Yoghurt & Fruit | Buffet: sandwiches, fish coddies, pizza, coleslaw, salad & carrot sticks Frozen Yoghurt Yoghurt & Fruit | Breaded fish, peas, mashed potato Chicken pasta bake, veg, mashed potato Apple Crumble, Custard Yoghurt & Fruit | Buffet: sandwiches, chicken nuggets, pizza, coleslaw, salad & carrot sticks Biscuit, fruit Yoghurt & Fruit |
| Friday | Sausages/chicken drumstick, beans, salad, chips/mashed potato Fresh fruit salad & yoghurt | Fish fingers, peas/scrambled egg, cheese, beans, chips/mashed potato Yoghurt & Fruit | Cheese & Tomato Pizza / Chilli Chicken Panini, sweetcorn, coleslaw, chips/mashed potato Yoghurt & Fruit | Cod shape in crumb/salmon, Peas, chips/mashed potato Yoghurt & Fruit |

N.B. Bread, Milk, Water & Fresh Fruit are served alongside every set meal

For further information on allergenic ingredients please contact the school

Due to New Nutritional Guidelines coming into force soon, we are not permitted to serve bacon or ham (sandwiches)

