

**P1 P7 Menu**

**£2.60 per day**

|              | Week Commencing<br>29th January 2018                                                                                       | Week Commencing<br>5 <sup>th</sup> February 2018                                                                           | Week Commencing<br>19 <sup>th</sup> February 2018                                                                                | Week Commencing<br>26 <sup>th</sup> February 2018                                                                                                        |
|--------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Toast</b> | <b>5 days - £1.50</b>                                                                                                      | <b>5 days - £1.50</b>                                                                                                      | <b>5 days - £1.50</b>                                                                                                            | <b>5 days - £1.50</b>                                                                                                                                    |
| Monday       | Breaded Fish, peas, mashed potato<br>Chicken Fried rice, peas, curry<br>sauce<br><br>Frozen Yoghurt & Fruit                | Sweet & Sour Chicken, Rice<br>Baked Potato with fillings<br><br>Chocolate flavoured sponge &<br>Custard<br>Yoghurt & Fruit | Sausage, Beans & mashed potato<br>Beef curry, rice, peas & naan<br>bread<br><br>Frozen Yoghurt<br>Yoghurt & Fruit                | Chicken curry, rice, peas, naan<br>bread<br>Baked potato with fillings<br><br>Swiss roll, custard, fruit<br>Yoghurt & Fruit                              |
| Tuesday      | Vegetable Soup, beefburger in a<br>bap, coleslaw & salad<br><br>Ice cream & fruit puree                                    | Irish Stew, crusty bread<br>Meatballs, peas & pasta<br><br>Apple Tart & custard<br>Yoghurt & Fruit                         | Potato & Leek soup, Beef Burger<br>in Bap/ Chicken Salad bap,<br>Coleslaw, salad<br><br>Biscuit & Fruit<br>Yoghurt & Fruit       | Lasagne, coleslaw, salad, crusty<br>bread / Chicken drumstick,<br>sweetcorn, mashed potato<br><br>Chocolate flavoured sponge,<br>custard Yoghurt & Fruit |
| Wednesday    | Roast chicken, gravy, stuffing,<br>carrots, broccoli, roast and mashed<br>potato<br><br>Milk pudding & Fruit               | Roast gammon, gravy, carrots,<br>cabbage, mashed & roast potato<br><br>Ice cream & fruit<br>Yoghurt & Fruit                | Roast chicken, gravy, stuffing,<br>carrots, broccoli, roast and mashed<br>potato<br><br>Milk pudding, oranges<br>Yoghurt & Fruit | Roast Beef, gravy, carrots,<br>broccoli, roast & mashed potato<br><br>Frozen Yoghurt<br>Yoghurt & Fruit                                                  |
| Thursday     | Pasta Bolognese, peas, crusty bread<br>Cottage Pie, gravy, sweetcorn,<br>mashed potato<br><br>Biscuit / Fruit & Milk shake | Buffet: sandwiches, fish<br>coddies, pizza, coleslaw, salad<br>& carrot sticks<br><br>Frozen Yoghurt<br>Yoghurt & Fruit    | Breaded fish, peas, mashed potato<br>Chicken pasta bake, veg, mashed<br>potato<br><br>Apple Crumble, Custard<br>Yoghurt & Fruit  | Buffet: sandwiches, chicken<br>nuggets, pizza, coleslaw, salad<br>& carrot sticks<br><br>Biscuit, fruit<br>Yoghurt & Fruit                               |
| Friday       | Sausages/chicken drumstick, beans,<br>salad, chips/mashed potato<br><br>Fruit Frozen Yoghurt                               | Fish fingers, peas/scrambled egg,<br>cheese, beans, chips/mashed potato<br><br>Yoghurt & Fruit                             | Cheese & Tomato Pizza / Chilli<br>Chicken Panini, sweetcorn,<br>coleslaw, chips/mashed potato<br><br>Yoghurt & Fruit             | Cod shape in crumb/salmon,<br>Peas, chips/mashed potato<br><br>Yoghurt & Fruit                                                                           |

**N.B. Bread, Milk, Water & Fresh Fruit are served alongside every set meal**

**For further information on allergenic ingredients please contact the school**

*Due to New Nutritional Guidelines coming into force soon, we are not permitted to serve bacon or ham (sandwiches)*